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Submit completed form a	u nd Educ	cation Administrator		
required documentation		erta Motor Transport Association		

E-Mail: training@amta.ca

Updated: 01/24



Health & Safety System Building

Course Equivalency form

Course Description:

Confidently create a customized health and safety system for any organization. HSSB teaches participants a systematic, step-by-step process for developing the elements required of a workplace health and safety system. Participants will be provided with templates, resources, and opportunities to apply the knowledge and skills presented in the course. It is also the required course for the COR program.

Outcome	Identify and describe content	Location of content in materials provided
Understanding Health and Safety Management		
Systems (HSMS)		
 Define health and safety management system 		
 Explain the benefits of a health and safety management system 		
 List the components of a health and safety 		
management system as required by Alberta's		
 Certificate of Recognition (COR) program 		
• Explain due diligence		
Management Commitment		
Describe how policy demonstrates an		
organization's commitment to health and safety		
• Describe the requirements of a health and safety		
policy		
 Explain how managers demonstrate their 		
commitment to the health and safety		
management system		
• Explain how workers participate in the health		
and safety management system		
Hazard Assessment		
Define hazard		
 Identify various hazard types 		
• Explain the legislative requirements related to		
hazard assessment		
• Explain the process of conducting a formal		
hazard assessment		
 Explain the process of conducting site-specific hazard assessment 		

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Hazard Controls	
Describe the methods and hierarchy of hazard	
controls	
 Explain how workers can be involved in the 	
hazard control process	
Explain the requirement for violence and	
harassment prevention plans and why they are	
important	
Health and Safety Committees and	
Representatives	
• Define	
 Health and Safety Committee 	
o Health and Safety Representative	
• Explain the duties of Health and Safety	
Committees and Representatives	
Qualifications, Orientation and Training	
Describe various types of training provided to	
employees	
• Define competency	
• Explain how employers determine employees are competent for their role	
List information that must be covered in	
employee orientations	
Contracting Employers, Visitors and Other	
Parties.	
 Explain an employer's obligation to other parties 	
at the work site under federal legislation	
• List three groups' employers have	
responsibilities for in addition to their own	
employees under provincial legislation	
• Explain a contracting employer's health and safety responsibilities at the worksite	
 Explain an employer's health and safety 	
responsibilities to visitors and other parties at	
the worksite	

Inspections	
Define workplace inspection	
Differentiate between formal and informal	
inspections	
• Explain what should be covered by an	
employer's inspection policy	
• Describe how inspections should be	
documented	
• Explain what should be done with completed	
inspection reports	
Emergency Response Planning	
• Explain why a written emergency response plan	
(ERP) is important	
• List the items an employer should include in an	
ERP	
• Describe the process of testing an ERP	
• List the ERP records/documentation that should	
be kept by an employer	
Incident Investigation	
• Describe what must be contained in an	
employer's incident investigation policy and	
process	
• List the steps in incident cause analysis.	
• List the topics investigation team members	
should be trained in	
• Explain what must be contained in an incident	
investigation report	
System Administration.	
• Explain the importance of two-way	
communication related to the HSMS	
Explain how HSMS documentation should be	
developed, shared, and maintained	
Discuss information helpful to improving an	
employer's HSMS	

Additional Notes:		



