

Video Lending Library

The AMTA video lending library continues to grow as we add new and updated videos to the list. Members can contact the Calgary office to borrow a video.

The following is a list of the videos available and a short description of each.

Driver Fatigue (training program)

VI0002

Covers the effects of fatigue on drivers, the dangers of driving tired, the need for quality sleep and how to avoid fatigue on the road.

Emergency Maneuvers (training program)

VI0003

Overviews the importance of knowing what to do when emergency situations occur and the refining of established skills and techniques so that the right choice becomes second nature.

Essential Dispatcher Skills (training program)

VI0004

This informative video explains the importance of positive dispatcher-driver-shipper relations and the critical role that the dispatcher plays. Points covered: The art of listening and effective communication skills, developing a good relationship between you and the driver, crisis and time management and trip pre-planning.

Extreme Weather Driving (training program)

VI0005

Takes a look at the adverse weather conditions that put drivers in the greatest danger. The emphasis is on common situation that give even the most able pros trouble.

Fire Safety: OHSA Safe Workplace Series (training program)

VI0006

This fire safety program is intended for your safety. It was designed to provide you with information that can help eliminate fire hazards in the workplace and prepare you to take proper action in case of an actual fire.

Slips, Trips & Falls (training program)

VI0007

Covered are some major areas of personal safety in and out of the rig. The “three-point contact rule, coupling & uncoupling, cleaning the windshield, loading and unloading, weather and the importance of proper clothing & footwear.

Speed & Space Management (training program)

VI0008

Facts about managing speed, driving and stopping distances, load conditions (full load vs. empty load) and road conditions.

A Healthy Back for Life

VI0009

A User’s Guide to Office Ergonomics & Body Mechanics

VI0010

Designed for office staff, this video covers the concepts of office ergonomics to improve well-being and efficiency in the workplace. These issues of posture, body mechanics, repetition and noise pollution are covered.

Airbrakes: What You Should Know

VI0011

Explains what airbrakes are and how the work. Demonstrates how ABS is superior to standard braking in terms of stopping distances, lateral stability and dependability.

Airbrakes: What You Should Know

VI0012

Explains what airbrakes are and how the work. Demonstrates how ABS is superior to standard braking in terms of stopping distances, lateral stability and dependability.

Airbrake System Training Video (Bendix)

VI0013

A detailed look at an air brake system – quite lengthy, but very thorough with good diagrams.

Alert Driver, The**VI0014**

A trucker's guide to sleep, fatigue and rest in our 24 hour society – designed specifically for the professional driver and their families. This video provides sound information on the importance of sleep and ideas on ways you and your family can work together to make sure you get quality rest.

Alert Driver, The**VI0015**

A trucker's guide to sleep, fatigue and rest in our 24 hour society – designed specifically for the professional driver and their families. This video provides sound information on the importance of sleep and ideas on ways you and your family can work together to make sure you get quality rest.

Automatic Slack Adjusters**VI0016**

Explain how automatic slack adjusters work, plus advice on how to install and maintain them.

Automatic Slack Adjusters**VI0017**

Explain how automatic slack adjusters work, plus advice on how to install and maintain them.

Backing**VI0018**

This seven minute video focuses on the common problem areas where accidents often occur. Emphasis is on-the-job application of critical backing skills.

BLEVE: Response & Prevention**VI0019**

This 22 minute video explains what a Boiling Liquid Evaporating Volatile Explosion is, how to prevent them and proper procedures to follow should a BLEVE occur.

Blind Spots**VI0020**

Advice on how to use your mirrors properly, keeping mirrors aligned, deals with the four major blind spots and the effect that traffic and weather has on visibility.

Brake Safety**VI0022**

Deals with air brakes and how to use and maintain them. Covers self-adjusting air brake procedures, city and mountain driving with air brakes and special precautions when driving with air brakes.

Coupling & Uncoupling**VI0023**

Provides a review of crucial procedures in step-by-step fashion. The emphasis is on areas where problems are encountered.

Critical Factor, The**VI0024**

This video offers useful techniques to demonstrate how to handle your rig when there's a tire blowout and / or rapid air loss while driving.

Dangerous Goods Training Video**VI0026**

This 21 minute video is a part of the CTA dangerous goods training program which illustrated the nine classifications of dangerous goods and the various divisions within those nine classes. Understanding the TDG regulation, knowing how to placard and properly fill out shipping documents is also covered.

Dangerous Goods Training Video**VI0027**

This 21 minute video is a part of the CTA dangerous goods training program which illustrated the nine classifications of dangerous goods and the various divisions within those nine classes. Understanding the TDG regulation, knowing how to placard and properly fill out shipping documents is also covered.

Dockworker Training Program**VI0028**

Well-produced program designed to give dockworkers a solid foundation from which to practice safety effectively in the workplace. Items covered are: Terms and Abbreviations, Safety & Accident Prevention, Dangerous Goods, Claims Prevention, Forklift Operation, Allowable Gross Vehicle Weights, Loading & Unloading and Freight Handling Tools.

Driver Fatigue**VI0029**

This seven minute video deals with the effects of fatigue on drivers and the dangers of driving tired, how to avoid fatigue on the road.

Driving Techniques**VI0030**

This seven minute video deals with the importance of maintaining and enhancing good driving techniques with an emphasis on these areas: defensive driving, changing lanes, passing and driving grades.

Driving Toward a Career**VI0031**

Driver recruitment video produced by Canadian Trucking Human Resources Council.

Extreme Weather Driving**VI0032**

This seven minute video effectively shows how to handle sudden road hazards. Topics include: evasive steering techniques, braking techniques and stopping distances, avoiding jackknives and brake failures & tire blowouts.

Hazard Awareness Program**VI0033****Hazard Awareness Training****VI0034**

This video is part of the AMTA's HAT Instructor program – how to lift heavy objects properly, wearing correct safety gear and safety procedures in the workplace. Also covered are issues such as nutrition and exercise.

Hazard Awareness Training**VI0035**

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Hazard Awareness Training**VI0036**

This video is part of the AMTA's HAT Instructor program – how to lift heavy objects properly, wearing correct safety gear and safety procedures in the workplace. Also covered are issues such as nutrition and exercise.

High Impact Forklift Safety**VI0037**

Industrial forklift trucks are used in nearly every product-oriented business in Canada. As common as they are, however, thousands of accidents occur every year due to inexperience or inattention. This video demonstrated the terrible consequences of not following forklift safety rules. Participants will learn: respect for the power of lift trucks, the importance of operator and pedestrian safety procedures, operating guidelines and operator attitude and professionalism.

How To Stay Safe In A Motor Vehicle Crash**VI0038****In A Heartbeat****VI0039**

Based on the true story of a tragic accident in October 1998 which took the life of an 18 year old girl, this video stresses the importance of diligence and attention when driving and just how quickly an accident can occur.

In A Heartbeat**VI0040 x 2**

Based on the true story of a tragic accident in October 1998 which took the life of an 18 year old girl, this video stresses the importance of diligence and attention when driving and just how quickly an accident can occur.

Intersections, Passing, Following, Stopping, Tourist Season Driving**VI0041**

Part of the AMTA's PDIC II optional modules program which focuses on driving techniques when driving through intersections and handling the challenges of driving during the tourist season.

Laws of Physics**VI0042**

A great video for all drivers, this program examines the laws of physics as they pertain to driving and safety. Concepts covered are: Kinetic energy (momentum), Friction, Gravity, Centrifugal Force, Inertia, Force of Impact and Road Conditions. Teaches drivers to be aware of how greatly these factors can affect your vehicle.

Longer Combination Vehicles

VI0043

LCV – Training the Driver

VI0044

Part of the LCV Instructor's Course, this video covers almost everything about the Longer Combination Vehicle – also known as the Rocky Mountain Doubles, the Turnpike doubles and the Triples. Demonstrates the safe operation of LCV's.

Making Safer Roads

VI0045

An effective video for all drivers, this video takes a close look at road-side hazards such as trees, guard rails, large rocks and power poled and their inherent danger to drivers.

Making the Grade: Preventing Downhill Runaways

VI0046

Mountains and steep grades make driving in British Columbia especially challenging. This is particularly true for professional heavy truck operators. The video reviews the measures that can be taken by professional truck drivers to reduce the likelihood of becoming involved in a downhill runaway.

Making the Grade: Preventing Downhill Runaways

VI0047

Mountains and steep grades make driving in British Columbia especially challenging. This is particularly true for professional heavy truck operators. The video reviews the measures that can be taken by professional truck drivers to reduce the likelihood of becoming involved in a downhill runaway.

Making the Grade: Preventing Downhill Runaways

VI0048

Mountains and steep grades make driving in British Columbia especially challenging. This is particularly true for professional heavy truck operators. The video reviews the measures that can be taken by professional truck drivers to reduce the likelihood of becoming involved in a downhill runaway.

Making the Grade: Preventing Downhill Runaways

VI0049

Mountains and steep grades make driving in British Columbia especially challenging. This is particularly true for professional heavy truck operators. The video reviews the measures that can be taken by professional truck drivers to reduce the likelihood of becoming involved in a downhill runaway.

Marketplace: Jackknifed

VI0050

Shown from the general public's point-of-view, this program examines the problems with unsafe trucks and inadequate safety standards in Canada's trucking industry. Gives and insight as to how the trucking industry is viewed by the average motorist and the general public. This video discusses centre of mass, excessive speeding on highways and the issue of graduated licensing to help combat the problem of under-qualified or poorly trained young drivers.

Marketplace: Jackknifed

VI0051

Shown from the general public's point-of-view, this program examines the problems with unsafe trucks and inadequate safety standards in Canada's trucking industry. Gives and insight as to how the trucking industry is viewed by the average motorist and the general public. This video discusses centre of mass, excessive speeding on highways and the issue of graduated licensing to help combat the problem of under-qualified or poorly trained young drivers.

Night Driving

VI0052

This seven minute video looks at driver, roadway and vehicle factors that can lead to potential hazards. Procedures and adjustment for safer night operation are recommended.

Performance Plus in Minus Temperatures

VI0053

Offers common sense advice on how to be prepared for cold weather and winter driving conditions. Covers starting procedures and maintenance.

Pick Up & Delivery Driver Training Program

VI0054

Useful information for the P & D professional, this video covers public image, hooking & unhooking, load security, pre-trip inspections passing, backing and filling out bills of lading properly.

Pre-Trip Inspection Circle Check**VI0055**

This video takes a step-by-step approach in reviewing all the major points involved in the critical pre-trip inspection circle check.

Pre-Trip Inspection Circle Check**VI0056**

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Pre-Trip Inspection Circle Check**VI0057**

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Pre-Trip Inspection Circle Check**VI0058**

This video takes a step-by-step approach in reviewing all the major points involved in the critical pre-trip inspection circle check.

Programme de conduite positive**VI0059****Road Rage****VI0060**

This full length video is designed to assist the professional driver in maintaining control over their vehicles and emotions during potentially dangerous situation. Drivers will be able to avoid being victimized by road ragers or becoming road ragers themselves.

Road Rage**VI0061**

This seven minute video is designed to assist the professional driver in maintaining control over their vehicles and emotions during potentially dangerous situations. Drivers will be able to avoid being victimized by road ragers or becoming road ragers themselves.

Safe Operation of Dumping Equipment**VI0062**

Discusses the pre-trip inspection, behind the wheel safety and navigating in various weather conditions and terrain.

Safe Operation of Dumping Equipment**VI0063**

Discusses the pre-trip inspection, behind the wheel safety and navigating in various weather conditions and terrain.

Safe Operation of Dumping Equipment**VI0064**

Discusses the pre-trip inspection, behind the wheel safety and navigating in various weather conditions and terrain.

Seeing Hazards**VI0065**

This seven minute video zeros in on seeing skills and how they can help drivers keep hazards from becoming emergencies. Aiming high, scanning and other techniques are covered.

Sharing Responsibility Through Partnership**VI0066****Pre-Trip Inspection Circle Check****VI0067**

This video takes a step-by-step approach in reviewing all the major points involved in the critical pre-trip inspection circle check.

Speed & Space Management**VI0068**

This seven minute video covers important facts about speed, stopping distances and adjusting speed for various road conditions.

Stopping Distances & Seat Belts**VI0069**

This video describes the basic types of air brakes and covers the methods for checking manual & automatic brake adjustment.

Stopping Safely Airbrakes for Professional Drivers Trip Inspection**VI0070**

<u>Stopping Safely Airbrakes for Professional Drivers Trip Inspection</u>	<u>VI0071</u>
<u>Take Control - Life Saving Defensive Driving</u>	<u>VI0072</u>
<u>Truck Fires</u>	<u>VI0073</u>
This seven minute video examines causes and prevention of fires, as well as what to do in case of a fire. Cab, engine, tire and cargo fires are all addressed.	
<u>Trucksave PAY-load, The</u>	<u>VI0074</u>
<u>Vehicle Inspections</u>	<u>VI0075</u>
This seven minute video reviews the requirements and importance of vehicle inspections and provides a framework for doing inspections as a self-audit for every driver.	
<u>Vehicle Clips for Awareness & Education Sessions</u>	<u>VI0076</u>
<u>What is Sleep Apnea?</u>	<u>VI0077</u>
Describes what sleep apnea is and demonstrates how to deal with this sleeping disorder. Know how to identify symptoms of sleep apnea – mood swings daytime sleepiness, reduced concentration and irritability.	
<u>Wheel & Brake Safety</u>	<u>VI0078</u>
<u>Winter Driving</u>	<u>VI0079</u>
Part of the AMTA’s PDIC II course, this video offers common-sense solutions for the challenges of winter driving and focuses on the safety precautions you need to take.	
<u>Winter Driving</u>	<u>VI0080</u>
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<u>Winter Driving</u>	<u>VI0081</u>
Part of the AMTA’s PDIC II course, this video offers common-sense solutions for the challenges of winter driving and focuses on the safety precautions you need to take.	
<u>Winter Travel Through Roger’s Pass</u>	<u>VI0082</u>
This 12 minute video produced by Mount Revelstoke and Glacier National Parks demonstrated the unique challenges that face the professional driver while traveling through Roger’s Pass section of the Trans-Canada Highway.	
<u>Accident Reporting and Investigation</u>	<u>VI0083</u>
This 16 minute video produced by BBP shows your employees how they play a key role in promoting safety in the workplace. This video explains the reasons most people object to reporting accidents in the first place and it outlines a five-point plan explaining how they can react more effectively when an accident occurs.	
<u>Evaluating Near Misses to Prevent Accidents</u>	<u>VI0084</u>
This 8 minute safety video produced by BBP will emphasize the importance of taking any near miss seriously. It will show employees the essential role they play in reporting and evaluating near miss situations – and in helping your organization take appropriate steps to ensure that accidents that were previously waiting to happen, never do.	
<u>How to Respond in an Emergency</u>	<u>VI0085</u>
This 10 minute video produced by BBP on fire, flood, explosion, earthquakes, hurricane, chemical spill – a man-made or natural disaster could occur at any time. Are you and your employees prepared to respond? Emergency response is one area in which everyone – from CEO on down – needs to be thoroughly trained and familiar with procedures. Knowing what to do in the first minutes after disaster strikes is a matter of life and death. The more familiar employees are with what to do if disaster strikes, the greater their chances of acting appropriately.	

Job Hazard Analysis: What Employees Can Do

VI0086

This 9 minute video produced by BBP will show how workers may be able to prevent hazards, accidents and injuries by simply changing the way they perform their tasks. Performing a job hazard analysis beforehand can help them thoroughly analyze the ways in which they do their job, detect any hazards and make any necessary changes before an accident occurs. This video training session will help you demonstrate the many benefits of conducting job hazard analysis. Participants will learn how to perform such safety audits and will be prepared to work more safely and effectively.

Near Misses

VI0087

This 8 minute video produced by BBP will teach your people that a near miss is the best indicator of an accident that's waiting to happen. Your employees will become aware of unsafe conditions and learn to react.

Steps for Safe Lifting and Carrying

VI0088

This 9 minute video produced by BBP will show that no matter who we are or what our particular jobs are, lifting is a major part of our lives. Unfortunately, because it's something that most of us take for granted, many of us lift incorrectly. Employees need to realize that every time they lift or carry something – on the job and off – they could be putting their backs at risk. But knowing how to lift safely and carry properly will help prevent painful and costly injuries. This video shares the secrets of the lifting pros. And the more employees know about safe lifting and carrying techniques, the better their chances are of staying healthy and pain-free.

The Case for Safety

VI0089

This 12 minute video produced by BBP uses the theme of Dickens' "A Christmas Carol" to make its point, this program takes an entertaining approach to safety training in which the host of a former co-worker (Jake) returns to "haunt" a long-time employee (Harry) who has become extremely lax about safety. Jake shows Harry that the future has a fatal accident in store for him unless he becomes more safety conscious. During the course of the video, Harry learns the error of his ways and finally comes around to seeing just how important safety really is.

Dry Van Cargo Securement - 2003

VI0090

This video produced by JJ Keller & Associates Inc., covers load restraint requirements for various types of dry vans, reefers, LTL shipments and demonstrated proper securement techniques, new commodity-specific standards and more. Also available is the Instructors Guide.

Flatbed Cargo Securement - 2003

VI0091

This video produced by JJ Keller & Associates Inc., covers load restraint requirements for flatbeds, proper securement techniques, new commodity-specific standards and more. Also available is the Instructor's Guide.

Truck Driver & Cargo Securement – 2002/2003

VI0092

This video produced by JJ Keller & Associates Inc., can help make sure all of your new and veteran drivers are aware of the dangers they face...and teach them how to avoid trouble, spot danger signs and know how to respond, includes HM-232 info. Also available are Discussion Guide and Driver Handbook.

Hours of Service, An Auditor's Guide - 2003

VI0093

This video produced by JJ Keller & Associates Inc., provides auditors with a system for analyzing logs, showing them exactly what to look for and in what sequence. It also explains how to match driver logs against current regs to check for accuracy and compliance. Also available is a User Guide.

Hours of Service, A Driver's Guide – US - 2003

VI0094

This video produced by JJ Keller & Associates Inc., is based on an actual trip by an over-the-road driver. It covers the "how's" and "why's" of logging and the Hours of Service rules, while stressing the importance of accuracy and safety. Also available are Driver Handbook, Training Log and Instructor Guide.

Highway – Railway Crossing Awareness – Truck Drivers

VI0095

Operation Lifesaver began operating in Canada as a public education program, jointly funded by The Railway Association of Canada and Transport Canada in 1981. Our goal is to create safety-conscious attitudes toward railways and to promote safety driving skills, attention and adherence to signs and warning. This will result in fewer collisions, fatalities and injuries.

Highway – Railway Crossing Awareness – School Bus Drivers

VI0096

Operation Lifesaver began operating in Canada as a public education program, jointly funded by The Railway Association of Canada and Transport Canada in 1981. Our goal is to create safety-conscious attitudes toward railways and to promote safety driving skills, attention and adherence to signs and warning. This will result in fewer collisions, fatalities and injuries.

Workplace Violence – It's Everybody's Business

VI0097

Workplace violence: It can happen anywhere, anytime, to anyone. By understanding what workplace violence is and devising methods for preventing it, employers and employees can create safe, productive workplaces. Workplace violence: It's everybody's business.

Direction 2006 Saving lives along Canada's railways

VI0098

Direction 2006 Rail Incident Investigation Guideline

VI0099

ENMAX – Electrical Awareness Training

VI0100

ENMAX – New Worker Safety

VI0101

Overhead Power Line Contact Awareness Presentation (ACSA)

VI0102

This multimedia CD presentation is designed to work as a teaching aide to review hazards and basic safety requirements for working near overhead power lines. It is intended for use by all industries and the general public to increase awareness of electrical safety.

Driving Safety – Marlin Westwood Training - DVD

VI0103

Most employees travel the roads every day... in cars, vans or trucks... many of them on company business. Each year, traffic accidents claim over 30,000 lives and cause more than a million serious injuries. In fact, motor vehicle crashes are the number one cause of death on the job. The training program Driving Safety provides the information employees need to drive cars, vans and small trucks safely, both on and off the job. Areas covered in the program include: • Inspecting the vehicle • Adjusting seats, mirrors and other equipment • Wearing seatbelts • Mental preparation and concentration • Creating a "safety cushion" around your vehicle • Passing another vehicle • Driving at night • Adverse weather conditions, skidding and hydroplaning • What to do in case of an accident

Back – Marlin Westwood Training - DVD

VI0104

For many employees, back injuries are something that "happens to the other person... not me." Yet four out of five people will have some type of back problems during their lives. Back injuries are frequently caused by common activities experienced both on and off the job... such as lifting, climbing, reaching, etc. The training program Back Safety emphasizes the importance of overall back care, both on and off the job, including exercises and weight control. Areas covered in the program include: • How the back works • Common types and causes of back injuries • Effects of back injuries • Injury prevention and safety practices • Proper lifting techniques • and more

Forklift/Powered Industrial – Marlin Westwood Training - DVD

VI0105

Forklifts and other powered industrial trucks are indispensable in many companies. They are rugged powerful tools that save time, money and effort. But the same qualities that make them so helpful can also make them dangerous. Using powered industrial trucks results in over hundreds of fatalities and thousands of serious injuries each year. When used incorrectly, or if forklifts and other trucks are not properly maintained, they can do significant damage. The training program Forklift/Powered Industrial Truck Safety reviews how to inspect forklifts and other powered industrial truck equipment prior to operation, safe operating procedures, forklift stability, and how to recognize potential problem situations. The program includes information on: • The seven classes of industrial trucks • Equipment checkout • A forklift's "stability triangle" • Safe operating procedures • Lifting and lowering loads • Trucks and loading docks • Equipment maintenance

Slips, Trips and Falls – Marlin Westwood Training - DVD

VI0106

Most employees don't give much thought to the prospect of slipping, tripping or falling on the job. Yet these types of accidents account for more workplace injuries every year than any other accident category. Many of these injuries can be disabling... or even fatal. The videotape includes information on: • Why Slips, Trips and Falls Occur, Common Causes and Techniques to Avoid Falls • Adverse Health Effects of Injuries • The Importance of Safety Shoes • Safe Use of Ladders and Similar Equipment

VIDEO LIBRARY RENTAL ORDER FORM

COMPANY INFORMATION

Date: _____ Contact Name: _____

Company Name: _____

Company Address: _____

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METHOD OF PAYMENT

VISA / MASTERCARD

EXPIRY DATE

NAME ON CARD

INVOICE

(AMTA MEMBERS ONLY)

TITLE

NUMBER

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**Only 5 videos at a time!*

Please contact the AMTA Calgary office at (403) 243-4161 to confirm availability of videos requested.

To order: fax completed form to (403) 243-4610 or e-mail angieb1@amta.ca